

Issues that are Over our Heads (August 2011)

By Michelle Olson

There will be times you are over your head. Here are some signs you are over your head:

- issues that are life-threatening
- issues that are illegal
- issues involving abuse
- issues that hurt oneself or others

So what do you do when you are over your heard? Think of mini-golf. You want to avoid the hazards. And you want a hole-in-one... a hole-in-one is par for us. And PAR represents Pray, Ask, and Refer.

First, pray. The Bible uses the word pray over 350 times. And there are numerous times the Lord says to ask for wisdom, and He will give it.

Second, ask for help. You may need to call the church. And you may need to tell the parents. Don't promise to keep these issues private. Promise to be appropriate in getting your mentee help.

Third, refer. Help find a good counselor for your mentee. These issues need professional help, and most likely, you are not a professional.

When your mentee shares these issues, it is important to remember a few other things. Don't over react. And don't under react. Based upon how you react, you may get to another issue, even the real issue. And keep meeting with your mentee. Don't give up on them. Keep being Jesus to them! The real mentorship is just beginning...